

Discussion Questions for FOLLOWING YOU

In order to provide discussion topics, there may be spoilers in the questions below.

1. Discuss how fear and panic drive Shae and Honey to presumptions about each other?
2. Shae says, “When do we know someone, exactly? When do we convince ourselves of who they are? What qualifies us to make that decision?” Discuss a time you thought you knew someone but discovered you were wrong.
3. One of the themes of FOLLOWING YOU explores how we believe certain people without judgement, and we judge others without believing. What are your thoughts?
4. Discuss the fascination of following people on social media to glimpse their inner lives. When is the line crossed between curiosity and stalking. Specifically Lawrence’s interest in Shae?
5. In what ways do you think childhood trauma contributed to the people the main characters have become as adults?
6. What do you think Shae’s goal was in sending those letters to herself and do you think she will admit to it?
7. In the end, Shae and Honey know things about each other no one else knows. Why do you think they didn’t reveal them?
8. Lawrence discusses how casual interactions with people in his youth—his aunt (by marriage) and his college roommate Charlie—shaped his life in important ways. Is there someone in your life who’s done the same for you?
9. Discuss how both Honey and Lawrence endeavor to be a “hero” in different ways.
10. When Honey sees Shae’s tattoo it triggers a memory of butterflies from her childhood. How does the butterfly symbolize different things to each of the main characters?
11. Discuss the phenomenon of intuition and times this sense has been right, or possibly wrong for you personally.
12. In what ways did your opinion of the different characters change? How did your assumptions influence your first impressions?
13. Were you satisfied with the book’s ending? What do you think will happen next?